



Creating Healthy Schools and Communities



Creating Healthy Schools & Communities is a five-year (2021-2026) public health initiative to reduce major risk factors of obesity, diabetes, & other chronic diseases in high-need school districts & associated communities statewide. The NYS Department of Health provides grant funding to local organizations & county health departments. Our overall goal is to implement multi-component evidence-based policies & place-based strategies. With these practices, we hope to increase demand for & access to healthy, affordable foods & opportunities for daily physical activity for all New Yorkers.



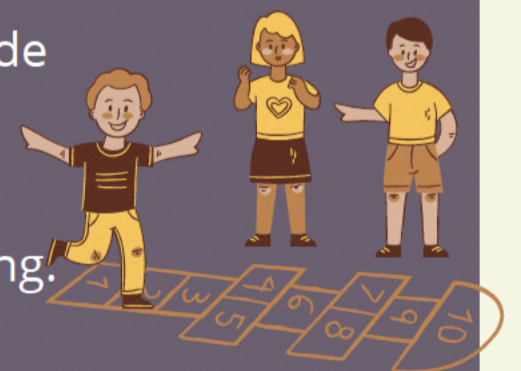
PHYSICAL ACTIVITY & NUTRITION STANDARDS IN EARLY CARE & EDUCATION SETTINGS

WHAT WE OFFER

- Technical assistance, training & resources to improve policies, practices, & environments for physical activity & nutrition. (including Yoga instruction for ages 6mo. to 5 years)
- NYS Physical Activity & Nutrition Center for Excellence recognition.
- Equipment to implement your new physical activity & nutrition standards!

GRANT MONEY CAN SUPPORT

- Children's books encouraging physical activity & healthy eating.
- Seasonal food items for healthy taste tests.
- Small kitchen appliances, food prep or storage items to provide healthy meals.
- Music CDs, Bluetooth & videos that promote movement.
- Growing/gardening supplies or kits with seed to supper training.
- Indoor & outdoor play equipment to support large & gross motor play.



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Scan me for website!

