



AGENDA

SCHOOL WELLNESS CONFERENCE

THE CHAPEL CHEEKTOWAGA
MARCH 23, 2023



8:00 AM	Registration and Networking	
8:30 AM	Opening	Kate Huber CHSC and Erie 1 BOCES
8:45 AM	Flyers' Fresh Market	Kelli Cookfair and Nicole Floss Maryvale UFSD
9:30 AM	The Importance of Recess and Play	Lindsay Brauer Dzielski City of Tonawanda Neighbors United
10:30 AM	Break	
10:45 AM	The Importance of Incorporating Mental Health Education in the Curriculum	Karl Shallowhorn Mental Health Advocates of WNY
11:15 AM	Networking and Reflection	
11:30 AM	Lunch	
12:15 PM	Health Education Panel Presentation	Kate Huber, CHSC and Erie 1 BOCES Denee Hickson & Stephanie Anderson Cheektowaga CSD
1:00 PM	Creating your School Garden	Greg Wilder Grassroots Gardens
1:45 PM	Networking and Reflection	
2:00PM	Farm to School Panel Presentation	Becky O'Connor, CCE Anne Rich, Frontier CSD Kimberly Abram and Tricia Miller, Hamburg CSD
2:45 PM	Closing activities (raffle, feedback forms)	



Please take a few moments to fill out this short feedback form before you leave today.



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CONFERENCE SPEAKERS

Flyers' Fresh Market

Kelli Cookfair, School Social Worker, Maryvale UFSD

cookfair@maryvaleufsd.org

Nicole Floss, Middle School Instructional Data Coach, Maryvale UFSD

floss@maryvaleufsd.org

The Importance of Recess and Play

Lindsay Brauer Dzielski, City of Tonawanda Neighbors United

lindsay.dzielski@yahoo.com

The Importance of Incorporating Mental Health Education in the Curriculum

Karl Shallowhorn, Director of Youth Programs, Mental Health Advocates of WNY

kshallowhorn@mhawny.org

Health Education Panel Presentation

Kate Huber, CHSC Grant Coordinator, Erie 1 BOCES

khuber@e1b.org

Denee Hickson, Union East Elementary PE teacher, Cheektowaga CSD

dhickson@ccsd-k12.net

Stephanie Anderson, Union East Elementary Assistant Principal, Cheektowaga CSD

sanderson@ccsd-k12.net

Creating your School Garden

Greg Wilder, Garden Education Coordinator, Grassroots Gardens of WNY

greg@grassrootsgardens.org

Farm to School Panel Presentation

Becky O'Connor, Farm to Institution Coordinator, CCE / Harvest NY

rao84@cornell.edu

Anne Rich, Director of Food and Nutrition Services, Frontier CSD

arich2@frontiercsd.org

Kimberly Abram, Director of Food and Nutrition Services, Hamburg CSD

KAbram@hcsdk12.org

Tricia Miller, Farm to School Coordinator, Hamburg CSD

pmiller@hcsdk12.org